

8 Myrtle Avenue Westport, CT 06880 (203) 908-5603

Mark Bertel. Ph. D.

Licensed Clinical Psychologist

**3** Sylvan Road South, Box 10

Westport, CT 06880

203.644.0798

CONFIDENTIAL Background Information

**Identifying Data** 

Name of patient:	
Address:	
Telephone:	
Date of Birth:	
Age:	
School:	
Grade:	
Today's Date:	

### **Reason for Referral**

Please list the patient's current problems:

 Problems eating (if yes, describe):

 Problems sleeping (if yes, describe):

 Problems with self-esteem (if yes, describe):

 Problems with academic self-esteem (if yes, describe):

 Problems with body image (if yes, describe):

 Problems with speech/language (if yes, describe):

Problems with sensory integration (if yes, describe):

Problems with vision (if yes, describe):

Problems with auditory processing (if yes, describe):

Chronic illnesses (please describe):

Alcohol / Substance use (if yes, list each substance, note severity, and date of first use):

Rate the patient's gross motor skills (circle one): <u>Below Average</u> <u>Average</u> <u>Above Average</u> Has the patient received OT services (if so, list dates): \_\_\_\_\_

How is the patient doing in school:

How does the patient feel about school:

Does the patient have accommodations in school (if so, describe):

 What does the patient do for fun:

 What does the patient do for exercise:

### **Developmental and Medical History**

Is the patient adopted (circle o	ne): <u>Yes</u> <u>No</u>		
Was conception complicated?	If so, how:		
Was labor complicated? If so	, how:		
Was delivery complicated? If	so, how:		
Length at birth:	If unknown, circle	one of the following: Norma	<u>l</u> <u>Abnormal</u>
Weight at birth:			
Head circumference at birth:	If unkn	own, circle one: <u>Normal</u> <u>A</u>	<u>bnormal</u>
At what age did the patient rol	l over:		
At what age did the patient fir	st sit up:		
At what age did the patient cra	wl:		
At what age did the patient wa	ılk:		
At what age did the patient tal	k:		
Who is the patient's physician	·	Town:	
Current height:	weight:		
Please list major or recurrent i		of onset/duration):	

Does the patient have allergies (if yes, describe):

Has the patient seen a psychotherapist (if yes, name provider and give dates/duration/frequency of sessions):

Has the patient seen a psychiatrist (if yes, name provider and give dates):

Has the patient seen a neurologist (if yes, name provider and give dates):

Please provide medication history (include dates, doses, and prescriber):

Please list current medications (include dates, doses, and prescriber):

When was the patient's last physical examination:

When was the patient's last dental examination:

Please list any dental problems:

When was the patient's last eye exam: \_\_\_\_\_

Please list vision problems:

Does the patient wear corrective lenses (circle one): Yes No
When was the patient's last hearing test:
Please list hearing problems:

## **Family and Social History**

Where does the patient live:		
Has the patient moved houses: <u>Yes No</u> If so: when and where:		
Who lives with the patient (include age and sex of siblings):		
Are the patient's parents married (if divorced, provide date of separation):		
Is the family religious (if so, which religion):		
If religious, does the family attend services (if so, where and how frequently):		
Has the patient participated in religious education (if so, any problems?):		
Does the patient have close relationships (circle one): Yes No		
How many close friends does the patient have:		
Does the patient socialize with peers outside of school (if so, how frequently):		

# **Educational History**

Please describe the patient's academic difficulties (if any):

Please list all educational institutions attended to date (including preschool):

\_\_\_\_\_

Please list problems and services by grade:

Preschool	
Kindergarten	
1 <sup>st</sup> grade	
2 <sup>nd</sup> grade	
3 <sup>rd</sup> grade	
4 <sup>th</sup> grade	
4 <sup>th</sup> grade 5 <sup>th</sup> grade	
6 <sup>th</sup> grade	
7 <sup>th</sup> grade	
8 <sup>th</sup> grade	
9 <sup>th</sup> grade	
10 <sup>th</sup> grade	
11 <sup>th</sup> grade	
12 <sup>th</sup> grade	

Current 504 Plan: Yes or No (Circle one)		
Ever had an 504 Plan: Yes or No (Circle of	one)	
If Yes, date of 504 Plan implementation:	and end date	

Current IEP: Yes or No (Circle one) Ever had an IEP: Yes or No (Circle one) If Yes, date of IEP implementation: \_\_\_\_\_\_ and end date \_\_\_\_\_\_

Please list previous evaluations:

Date	Туре	Examiner	Purpose	Findings



8 Myrtle Avenue Westport, CT 06880 (203) 908-5603

# Mark Bertel, Ph. D.

**Licensed Clinical Psychologist** 

**3** Sylvan Road South, Box 10

Westport, CT 06880

203.644.0798

Service	Estimated Time (in hours)
Intake Interview	1
Record Review	0-1
Face-to-Face Testing	5-8
Write-Up Time	5-7
Feedback	1

## **CONFIDENTIAL** Estimate for Psychological Testing

The fee for the psychological testing-related services listed above is \$7000.00. Additional services are provided at an hourly rate of \$700.00 (such as attendance at a meeting beyond the feedback meeting). Testing costs might be insurance reimbursable. However, patients are responsible for navigating this process. It is important to note that psychological testing has some risks and benefits. Testing can help clarify the diagnostic picture, identify psychological and academic strengths and weaknesses, and more. We examine cognitive function, academic achievement, fine-motor skill, attention, and psychological symptoms.

One potential risk is that the examinee might experience stress and/or fatigue from the testing process. Also, the examiner creates a test report based upon findings and clinical impression. The findings/impression might be at odds with stakeholder's expectations. It is important to note that the report will not be changed substantively after it is written (unless there is an obvious error of fact). Please note that the person or entity who pays for the report owns it. Additionally, the findings might be subject to use in legal proceedings.

I \_\_\_\_\_\_ hereby acknowledge that I have received this estimate for psychological testing.



Mark Bertel, Ph. D.

Licensed Clinical Psychologist

3 Sylvan Road South, Box 10

Westport, CT 06880

203.644.0798

**CONFIDENTIAL Release of Confidential Information** 

I, \_\_\_\_\_\_, hereby request the release of confidential information about clinical

care, which might involve information related to psychological assessment and/or psychotherapy.

Specifically, I have requested that Mark Beitel, Ph.D. communicate with

\_\_\_\_\_about my case for the purposes of treatment

coordination and planning. This release shall remain in effect 180 days from the date signed.

Signed:

Date:

Please Print: